

Health changes to tell the doctor

Call the clinic about a new health change. Write what changed and the advice you get. Ask when to call again. Do not put off the call to fill in this page.

Parent's name

Date

What changed? What is usual for my parent?

When it started

What my parent says

What makes it better or worse / what we tried

Who I called

Date / time

What they told us to do

When to call again / when to get urgent help

What we did next / when

For an emergency, call 911. Get help first; fill in this page later. Give facts, not a guess at the cause.