

Doctor visit notes

Use one copy for each visit. Ask your parent what matters most. Write the answers and next steps during the visit.

Parent’s name

Written on

Doctor or clinic / phone

Visit date / time

The main thing my parent wants to ask

Other questions or changes to share

What the doctor or nurse said / steps to take at home

Next step	Who will do it / by when

Test results: due date / who to call / phone / next visit

Bring the medicine list and health insurance card. Ask for written steps. Read back any unclear part.