

Home from the hospital

Plan with your parent and the nurse before going home. Say what help you can and cannot give. Keep the written care plan.

Parent's name

Going home on

Hospital contact

Phone / after-hours phone

- ☐ We checked which medicines start, stop, or change.
- ☐ We know the first doses due at home.
- ☐ Staff showed needed care steps; the helper practiced.
- ☐ Needed help, equipment, supplies, and the ride are set.
- ☐ We know which signs mean call the clinic or 911.

First home visit, if ordered: service / phone

Confirmed date / time

Next clinic visit

Date / time

What is still needed / who will arrange it / by when

Test results still due / who will share them / when

Mark a box only when it is clear. Write “not needed” for a step that does not apply. Ask staff about gaps before you leave. At home, call the hospital contact if needed help falls through.