

If my parent does not answer

Agree on a check-in plan with your parent and nearby helpers. Use times that fit their needs. Do not wait if you think there is danger now.

Parent's name

Agreed on

Parent's full home address, with unit

Usual check-in time

When I will try again

Nearby person who agreed to check

Phone

When I will call that person

Backup person / phone

How a trusted helper can get in (do not list codes)

If I am far away: local 10-digit emergency number

Other agreed steps / when to use them

No nearby helper? Plan ahead with the local office for older adults: 800-677-1116. Ask the local police office for the emergency number near your parent. Use its business number to ask. In danger now? Call for emergency help and give the full address.