

Storm or power-loss plan

Plan before bad weather. Does any medicine need to stay cold? Does any equipment need power? Ask the doctor or nurse what to do in a power cut.

Parent's name

Checked on

A safe place we could go

Phone

Who will take us

Phone / backup ride

Nearby helper

Phone

Medicines, equipment, and supplies we must take

Doctor's or nurse's plan for power or keeping medicine cold

Equipment or supply company

Phone

Where our packed bag, care papers, and spare keys are

Follow local alerts. Never use a grill or generator in the home or garage. Get help early if a power cut could put your parent at risk.