

Emergency numbers for the fridge

Fill in the local numbers. Put this page where a helper can see it. These emergency numbers are for the U.S.

Name

Date checked

Home address, with unit number, city, and ZIP code

Emergency: call 911
Police, fire, or medical help

Poison Control / Poison Help
1-800-222-1222

Who to call	Name / place	Phone
Doctor / clinic		
Pharmacy		
Neighbor		
Loved one		
Backup loved one		
Police: other calls		
Fire: other calls		

For an emergency, call 911. The local police and fire numbers listed here are for other calls. Keep health and insurance details in your private folder.